

PROFESSIONAL SUMMARY

KEN HUNT

**EXECUTIVE ADVISOR | VISIONARY | GUIDE |
OPERATIONS & FINANCE EXECUTIVE**

Mindful Leader | Mental Health Advocate |
Bridge Builder | Problem Solver | Trusted Confidant
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480-529-5138 



A seasoned entrepreneurial leader with a track record of superior achievements in growing successful businesses, operationalizing vision, building infrastructure, financial management, mindful leadership, advocating innovation, creating impact, facilitating timely change, provide vision for new direction, optimizing performance, and delivering critical results. A visionary leader with a resume highlighted by emotional intelligence and wisdom.

EXPERIENCE

Founder & CEO

KH Impact Advisors & Udata Analytics
Jun 2018 – Present

Board Chair & Ambassador

Mindfulness First
Aug 2020 – Jan 2024

Analytics Director

Lavidge
Sept 2015 – Dec 2017

SVP, Finance & Operations

Mountainview Financial Solutions
Sep 1999 – Aug 2015

Senior Financial Reporting Manager

Harleysville Insurance Companies
(acquired by Nationwide)
Sep 1989 – Sep 1999

EXPERTISE

- Executive Leadership, Operations, Finance, Relationship Management
- Strategic Planning
- Mindful Leadership
- Process Optimization
- Financial Modeling & Reporting
- Financial Planning & Analysis
- Budgeting & Forecasting
- Social Impact Leadership
- Business Development
- Business Intelligence
- Executive Advisory
- P&L Analysis

OFFERING

Executive advisory. Deep Observer. Mindful Leadership. Trusted Partner. Innovator. Visionary. Wisdom. Identify unique path forward. Mental Wellness.

KEN'S LEADERSHIP STYLE

My cornerstone core value is **Wisdom**. I lead towards **higher principles**. Understanding and compassion are central to my leadership style. A strong commitment to innovator values, I pride myself in seeing and understanding people and situations. Development of **mindful responses** to situations is one of my primary contributions. Consistently observe and measure the worth of people and things. Collaboration and co-creation are two strong beliefs for the future. Seeing **potential** and **opportunity** is a primary talent. Highly developed emotional intelligence skills. A critical asset in today's environment.

To invent new systems, processes and things is pure pleasure. I enjoy helping people and things work well and consistently together. People look to me for the **creation** and **improvement** of workflow and procedures. I can always see another way to put things together. Provoke a new level of **awareness** and therefore action.

WHAT I BRING TO THE TABLE

- A natural openness and intelligence.
- Networker, or Mediator with gift of bringing people together,
- Can see the big picture.
- Recognize the gifts & talents of others.
- Study and analyze detailed information.
- Guide others by knowing how to ask the right questions.
- Highest standard of reliability.
- Designed to be influential.
- Provide a vision for a new direction. Lead others into the future.
- Ability to put plan into action.
- Unmatched work ethic/professionalism.
- Create justice and impact.
- Enjoy facts, figures, and data.
- An organized trailblazer. Bring order to opportunity.
- Pioneer. See the world as a friendly place where good things will happen.
- Equalizer. Keep things in balance, ethically and practically. No judgement.
- Super-connector with resources nobody else cares to create.
- Unwavering commitment to core values.
- An incomparable drive for best version.
- Self-awareness. Emotional intelligence.
- Mental health advocate.
- Lead towards higher principles.
- Compassionate listener.
- A lifetime of resilience.
- A passion for growth.
- Authenticity.
- Analytical. Ability to see elusive trends.
- Honest, trustworthy, authentic, reputable.
- Master organizer of chaos.
- Impeccable service mentality.
- Purpose-driven.
- Finance and operations.
- Detailed and accurate.
- Deep thinker; penetrating aura.
- A stabilizing force.
- Complex problem-solver.
- Creative and imaginative.
- Seek optimized and equitable outcomes.
- Hypervigilant. Extreme observer.
- Identify patterns and structures easily.
- Intuitive and thoughtful. Integrity.
- Communicate clearly and proactively. Saving time by thinking ahead.
- Find connections between seemingly disparate phenomena.

STRENGTHS

BELIEF

Develop credibility through honest interactions. There is no reason for me to be anything but honorable in my relationships with others. My core values guide me and give me purpose.

RESPONSIBILITY

Instinctively, I am dependable. Others know I am someone upon whom they can rely. Once I have committed to an assignment, I have tremendous resolve to follow through with it. As a result, others trust I will complete their tasks.

CONNECTEDNESS

I build bridges between people and groups. I help others find meaning by looking at the bigger picture of the world around them, and I give them a sense of comfort and stability in the face of uncertainty.

RELATOR

I naturally form genuine and mutually rewarding one-on-one relationships. My authenticity allows me to build close, long-lasting connections that foster trust and confidence.

IDEATION

I am fascinated by ideas. Because I enjoy looking at the world from different perspectives and am always searching for connections, I can be a powerful and creative brainstorming partner.

ARRANGER

I have a natural ability to coordinate people and resources for maximum effectiveness. My creative flexibility in complex situations leads to greater efficiency.

FUTURISTIC

I am a visionary. My powerful anticipation and detailed visualization of a better future can turn aspirations into reality. My vision of tomorrow can inspire and push others to new heights.

STRATEGIC

I quickly weigh alternative paths and determine the best one. My natural ability to anticipate, play out different scenarios and plan ahead makes me an agile decision-maker.

ACHIEVER

I love to complete tasks, and my accomplishments fulfill me. I have a strong inner drive — an innate source of intensity, energy and power that motivates me to work hard to get things done.

EMPATHY

I have great emotional depth. My awareness of the expression, value and implications of others' emotions makes them feel like I understand them.

Make Things Happen

Build strong relationships that hold a team together and make it greater than the sum of its parts.

Absorb and analyze information that informs better decisions.

A PERSONAL STORY

A JOURNEY OF HEALING AND HEART: EMBRACING AUTHENTICITY, VULNERABILITY AND MINDFUL LEADERSHIP

Beneath the seemingly polished veneer of professional success, I harbored an unknowing: a gnawing emptiness and a yearning for authenticity and healing. Driven by external validation and buried fears, I poured myself into a demanding career, only to reach a point of profound exhaustion. As it turns out there were so many factors that led to the loud nudge inward, the list is long.

This is a journey that has roots all the way back to a five-year-old boy. With a deep knowing in my gut, I embarked on a radical act of self-discovery. I shed the mask of corporate ambition and embarked on a transformative journey of mindful discovery, healing, and purpose.

What I discovered during this process was a five-year-old boy that went through a traumatic period at a very critical stage of early life development, and with that came a wound that was to be buried very deep for most of my life. Unknowingly, I decided as a little boy that my only way of survival **at the time** was retreating into protective armor so that no one would ever be able to hurt me again. If there was ever a hint of potential danger, my chosen option was to run like hell before anyone had an opportunity to hurt me. A split from Self that influenced many of the decisions and choices of my lifetime. Fears that would be masked and buried deep in my subconscious. To remain buried there until the weight was far too heavy to carry any longer. Although it came later in life, the awareness and discovery remain one of the greatest gifts of my life thus far. With it came an opportunity to heal very old wounds and find a way back to my authentic self. I spent a lifetime making sure I was not seen and heard, and if the threat of being seen or heard ever occurred (especially if it meant I failed or disappointed anyone), I ran as far I could from the situation that touched such deep wounds and stirred intense fear.

This inward pilgrimage was by far the hardest thing I have done in my life. Meditation, yoga, therapy/coaching (IFS, EMDR, and more), mindfulness, deep introspection, reading, nature walks, and more became my tools to excavate the hidden layers of my being. I confronted the echoes of past wounds, early life trauma, unearthed fears and limiting beliefs, and faced the raw truth of self-abandonment. The journey is not one that ends but offers me entirely different choices and a new way to see myself. A self-love that never existed prior is beginning to be a more dominant theme. A reconnection that has been waiting a lifetime.

PERSONAL STORY (CONTINUED)

In the middle of it all came a twist of fate. A routine checkup morphed into a life-altering diagnosis: heart disease and triple bypass surgery at a relatively young age (54). This brush with mortality wasn't a setback, but a stark reminder of the price I had paid for the conditioned behavior and being unaware of my inner turmoil.

The heart surgery became a beautiful catalyst, propelling me deeper into my mindful odyssey. I recognized the toxic cocktail of anxiety, stress, trauma, self-sabotage, and unhealthy choices that had contributed to both a physical and emotional breakdown.

Through the pain, a profound epiphany blossomed. Suffering, I realized, was not a curse, but a crucible of profound growth. It fuels my passion to empower others, especially in the area of youth mental health, to avoid the pitfalls that come after traumatic experiences. Those experiences happening early in life seem to create our biggest challenges.

My message is crystal clear: healing the chaos of the world must begin from within. By cultivating self-awareness, vulnerability, and mindful practices, we can break free from the shackles of our conditioned minds, heal our individual and collective wounds, and create a world where emotional resonance, not unconscious ambition, reigns supreme.

This is my legacy: a testament to the transformative power of introspection, honoring a gentle plea to go inward, to embrace the shadows, and discover the radiant truth within. Authenticity, even when paved with difficult hardship, leads to a life overflowing with peace, freedom, and mindful leadership.